

Harmony At Home

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HARMONY AT HOME

Ending violence. Building families.



FOR IMMEDIATE RELEASE

Harmony At Home Expands Children 1st Services Across Monterey County

Families at or below the poverty line qualify to take
Harmony At Home's co-parenting classes free of charge
now through Dec. 31, 2021

Harmony At Home is pleased to announce that our Monterey County Community Action Partnership (MCCAP) grant funding for our Children 1st program has been expanded throughout the entire Monterey County.

Families going through divorce or separation

Living at or below the federal poverty line
Children and Parents who would benefit from co-parenting classes

Sign up for this valuable program now!

Children 1st is a co-parenting program targeted for children ages 5-18 and their parents who are either separating or divorcing. Two classes are offered for each parent and child and the main topics of the program are designed to lessen the negative impact and trauma their family may be experiencing. Families are enabled with helpful communication tools and support to navigate the process of going through separation or divorce, including helping them to understand the reactions and feelings that they may be experiencing. Parents also

learn about the impact this situation could be having on their children and they gain negotiating and problem-solving skills to ensure amicable relations with their spouse.

This program is also being offered virtually locally and state-wide, for a fee.

To inquire, please contact Jonathan Reyes-Carranza,
Children 1st Lead Teacher, at jonathan@harmony-at-home.org

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